

BU offers Narcan training programs, opioid overdose prevention



December 4, 2019 6:32 pm Melanie Gulbas

FEATURED REPORTS, LOCAL NEWS, NEWS, TOP STORIES

397



Narcan Nasal Spray

VESTAL (WBNG) -- The opioid epidemic is a problem in our area and across the nation. This is a reality that people know all too well, but Binghamton University's School of Pharmacy and Pharmaceutical Sciences is offering Narcan training to students and faculty for the first Wednesday of each month.

This initiative is part of the larger New York State's Opioid Overdose Prevention Program. It gives people the opportunity to help in the event of an overdose.

On Wednesday, attendees learned how to use Narcan, a prescription medication that reverses an opioid overdose. One student, Eva Kristoferson, wanted to get certified for a personal reason.

"Unfortunately a family friend of mine overdosed on heroin about a year ago," Kristoferson said.

Instead of focusing on preventing drug use, she said it's time to get trained.

"I think with enough education and outreach programs maybe we could dissuade people from using it, but for the mean time, being trained to help them with

overdoses is more important than educating on not to use it," Kristoferson said.

She says this is an important program because saving a life could happen anywhere.

"People can be downtown and see someone who needs this and if they have the Narcan on them, it could be a great opportunity to use it," she said.

Bennett Doughty, Narcan certified trainer and clinical assistant professor at BU said these programs are imperative, especially in our area.

"Broome County is one of the leading opioid overdose deaths area, so it's not really something we want to be leading in so by targeting the large population here in Binghamton, we hope to have a lot of impact throughout the communities," Doughty said.

Opioid overdoses impact more people than some may think. Doughty said the overdoses affect up to 130 people a day.

"This is affecting really everybody, not really just that one stereotypical image of that one substance use disorder patient," he said.

Attendees left the event with their own Narcan kit and certification card, ready to help break the silence.

"There's so much stigma in it," Doughty said. "We really want to start talking about it more to decrease the stigma."



Melanie Gulbas

RELATED ARTICLES





▶ Santa visits Tru by Hilton in Vestal

December 22, 2019 6:52 pm



▶ Christmas tradition returns to Cider Mill Stage

December 22, 2019 6:45 pm





▶ Local non-profit donates to help pets this holiday

December 22, 2019 6:15 pm



▶ Church hosts day of celebration ahead of Christmas

December 22, 2019 6:16 pm

YOUR WEATHER AUTHORITY



12 YOUR WEATHER AUTHORITY NEWS

▶ Another warm day in store for Monday

Expect mostly clear skies to continue, with lows only down into the middle 20's, which is where our high temperatures were...

[Continue Reading](#)

6:35 pm

CONNECT WITH WBNG



An advertisement for UHS Primary Care. The top left shows a smiling family of four (mother, father, and two young boys). The top right is a dark green box with the UHS logo (a stylized leaf) and the text 'UHS Primary Care'. The bottom left is a light green box with the text 'YOUR CARE. YOUR WAY.' in bold. The bottom right shows a close-up of a child's feet wearing pink sneakers.

TOP STORIES

- ▶ **Santa visits Tru by Hilton in Vestal**
- ▶ **Christmas tradition returns to Cider Mill Stage**
- ▶ **Local non-profit donates to help pets this holiday**
- ▶ **Church hosts day of celebration ahead of Christmas**
- ▶ **Special visitors help Salvation Army volunteers gather donations**

WATCH WBNG NOW



Dec 22, 2019

[Full Program Grid](#)

9:00PM	A Home for the Holidays with Idina Menzel
10:00PM	NCIS: New Orleans
11:00PM	12 News at 11pm
11:30PM	Paid Program



12 NEWS WBNG
560 Columbia Dr.
Johnson City, NY 13790
News Tips: (607) 729-9575
or news@wbng.com

[Careers](#)

[Advertise with us](#)

[Advertiser Services](#)

[FCC Public File](#)

[Public File Help](#)

[EEO Report](#)

[Closed Captioning Contact](#)



LOOKING FOR SOMETHING?

Search...

